



The Book of Affirmations® Discovering the Missing Piece to Abundant Health, Wealth, Love, and Happiness by Noah St. John

Did you know that asking a new kind of question can immediately change your life?

One morning in 1997, college student **Noah St. John** was in the shower when he asked himself a question that changed his life: “*Why are we trying to change our lives saying statements we don't believe . . . when the human mind responds automatically to something even more powerful?*”

That's when he invented the stunningly simple yet amazingly effective method he named **Affirmations**—a method that's since helped tens of thousands of people around the world to attract more money, lose hundreds of pounds, find their soul mates, grow their business, and dramatically improve their lives.

THE BOOK OF AFFIRMATIONS® isn't just another book on abundance. It's a **proven step-by-step guidebook** to living the life of your dreams. Inside this book, you'll discover...

- The 4 simple steps to reach your goals faster than you ever thought possible (page 35)
- How an unhappy employee went from penniless to a six-figure income in less than 6 months using this method (page 94)
- The 5-word phrase that will attract your desires to you while you're not even paying attention (page 53)
- The 10 words that will help you lose 10 pounds—and *keep* it off! (page 51)
- How to quit smoking and overcome depression without drugs or therapy (page 154)
- How to think like a millionaire in less than 5 minutes a day (page 197)
- And that's just the beginning...

Are you ready to join **The Affirmations Revolution?**

About the Author



Noah St. John is famous for inventing Affirmations® and creating customized strategies for fast-growing companies and leading organizations around the world. His sought-after advice is known as the “secret sauce” for creating instant superstar performance.

Noah's books have been translated into ten languages and he appears frequently in the news worldwide, including CNN, ABC, NBC, CBS, Fox, National Public Radio, *PARADE*, *Woman's Day*, *Forbes.com*, *Los Angeles Business Journal*, *Chicago Sun-Times*, *Washington Post*, *Bottom Line/Personal*, *Selling Power* and *The Huffington Post*.

**To book Noah St. John, call (330) 622-1945 or email
media@successclinic.com**